



NILASAILA INSTITUTE OF SCIENCE & TECHNOLOGY  
SERGARH-756060, BALASORE (ODISHA)  
(Approved by AICTE& affiliated to SCTE&VT, Odisha)



## **LESSON PLAN**

**SUBJECT: Th-1 (STRUCTURAL MECHANICS)**

### **CHAPTER WISE DISTRIBUTION OF PERIODS**

Sl.No.	Name of the chapter as per the Syllabus	No. of Periods as per the Syllabus	No. of periods actually needed
1	Review of Basic Concepts	4	4
2	Simple and Complex Stress, Strain	15	15
3	Stresses in Beams	10	10
4	Columns and Struts	4	4
6	Shear Force and Bending Moment	12	12
7	Slope and Deflection	10	10
8	Indeterminate Beams	10	10
9	Trusses and Frames	10	10
	Total Period:	75	75

<b>Discipline:</b> CIVIL ENGINEERING	<b>Semester:</b> 3rd	<b>Name of the Teaching Faculty:</b> Er. Kumar Swatiranjana
<b>Week</b>	<b>Class Day</b>	<b>Theory / Practical Topics</b>
<b>1<sup>st</sup></b>	<b>1<sup>st</sup></b>	1. Review Of Basic Concepts <span style="float: right;">1.1 Basic</span> Principle of Mechanics: Force, Moment, support conditions, Conditions of equilibrium, C.G & MI, Free body diagram
	<b>2<sup>nd</sup></b>	1. Review Of Basic Concepts <span style="float: right;">1.1 Basic</span> Principle of Mechanics: Force, Moment, support conditions, Conditions of equilibrium, C.G & MI, Free body diagram
	<b>3<sup>rd</sup></b>	1. Review Of Basic Concepts 1.2 Review of CG and MI of different sections
	<b>4<sup>th</sup></b>	1. Review Of Basic Concepts 1.2 Review of CG and MI of different sections
	<b>5<sup>th</sup></b>	2. Simple And Complex Stress, Strain 2.1 Simple Stresses and Strains <span style="float: right;">Introduction to</span> stresses and strains: Mechanical properties of materials – Rigidity, Elasticity, Plasticity, Compressibility, Hardness, Toughness, Stiffness, Brittleness, Ductility, Malleability, Creep, Fatigue, Tenacity, Durability
<b>2<sup>nd</sup></b>	<b>1<sup>st</sup></b>	2. Simple And Complex Stress, Strain 2.1 Simple Stresses and Strains <span style="float: right;">Types of</span> stresses -Tensile, Compressive and Shear stresses
	<b>2<sup>nd</sup></b>	2. Simple And Complex Stress, Strain 2.1 Simple Stresses and Strains <span style="float: right;">Types of</span> strains - Tensile, Compressive and Shear strains, Complimentary shear stress - Diagonal tensile / compressive Stresses due to shear.
	<b>3<sup>rd</sup></b>	2. Simple And Complex Stress, Strain 2.1 Simple Stresses and Strains <span style="float: right;">Types of</span> strains - Elongation and Contraction, Longitudinal and Lateral strains, Poisson's Ratio, Volumetric strain, computation of stress, strain, Poisson's ratio, change in dimensions and volume etc
	<b>4<sup>th</sup></b>	2. Simple And Complex Stress, Strain 2.1 Simple Stresses and Strains <span style="float: right;">Hooke's law -</span> Elastic Constants, Derivation of relationship between the elastic constants

	5 <sup>th</sup>	2. Simple And Complex Stress, Strain 2.2 Application of simple stress and strain in engineering field Behaviour of ductile and brittle materials under direct loads, Stress Strain curve of a ductile material
3 <sup>rd</sup>	1 <sup>st</sup>	2. Simple And Complex Stress, Strain 2.2 Application of simple stress and strain in engineering field Limit of proportionality, Elastic limit, Yield stress, Ultimate stress, Breaking stress
	2 <sup>nd</sup>	2. Simple And Complex Stress, Strain 2.2 Application of simple stress and strain in engineering field Percentage elongation, Percentage reduction in area, Significance of percentage elongation and reduction in area of cross section
	3 <sup>rd</sup>	2. Simple And Complex Stress, Strain 2.2 Application of simple stress and strain in engineering field Deformation of prismatic bars due to uniaxial load
	4 <sup>th</sup>	2. Simple And Complex Stress, Strain 2.2 Application of simple stress and strain in engineering field Deformation of prismatic bars due to its self weight
	5 <sup>th</sup>	2. Simple And Complex Stress, Strain 2.3 Complex stress and strain Principal stresses and strains: Occurrence of normal and tangential stresses
4 <sup>th</sup>	1 <sup>st</sup>	2. Simple And Complex Stress, Strain 2.3 Complex stress and strain Principal stress and Principal Plane Concept of
	2 <sup>nd</sup>	2. Simple And Complex Stress, Strain 2.3 Complex stress and strain minor principal stresses and their orientations Major and
	3 <sup>rd</sup>	2. Simple And Complex Stress, Strain 2.3 Complex stress and strain and its application to solve problems of complex stresses Mohr's Circle
	4 <sup>th</sup>	2. Simple And Complex Stress, Strain 2.3 Complex stress and strain and its application to solve problems of complex stresses Mohr's Circle
	5 <sup>th</sup>	3. Stresses In Beams and Shafts 3.1 Stresses in beams due to bending Bending stress in beams – Theory of simple bending – Assumptions – Moment of resistance – Equation for Flexure– Flexural stress distribution

5 <sup>th</sup>	1 <sup>st</sup>	3. Stresses In Beams and Shafts 3.1 Stresses in beams due to bending Curvature of beam – Position of N.A. and Centroidal Axis – Flexural rigidity – Significance of Section modulus
	2 <sup>nd</sup>	3. Stresses In Beams and Shafts 3.2 Shear stresses in beams Shear stress distribution in beams of rectangular, circular and standard sections symmetrical about vertical axis
	3 <sup>rd</sup>	3. Stresses In Beams and Shafts 3.2 Shear stresses in beams Shear stress distribution in beams of rectangular, circular and standard sections symmetrical about vertical axis
	4 <sup>th</sup>	3. Stresses In Beams and Shafts 3.3 Stresses in shafts due to torsion Concept of torsion, basic assumptions of pure torsion, torsion of solid and hollow circular sections, polar moment of inertia, torsional shearing stresses, angle of twist, torsional rigidity, equation of torsion
	5 <sup>th</sup>	3. Stresses In Beams and Shafts 3.3 Stresses in shafts due to torsion Concept of torsion, basic assumptions of pure torsion, torsion of solid and hollow circular sections, polar moment of inertia, torsional shearing stresses, angle of twist, torsional rigidity, equation of torsion
6 <sup>th</sup>	1 <sup>st</sup>	3. Stresses In Beams and Shafts 3.4 Combined bending and direct stresses Combination of stresses, Combined direct and bending stresses, Maximum and Minimum stresses in Sections
	2 <sup>nd</sup>	3. Stresses In Beams and Shafts 3.4 Combined bending and direct stresses Conditions for no tension, Limit of eccentricity, Middle third/fourth rule
	3 <sup>rd</sup>	3. Stresses In Beams and Shafts 3.4 Combined bending and direct stresses Core or Kern for square, rectangular and circular sections, chimneys, dams and retaining walls
	4 <sup>th</sup>	3. Stresses In Beams and Shafts 3.4 Combined bending and direct stresses Core or Kern for square, rectangular and circular sections, chimneys, dams and retaining walls
	5 <sup>th</sup>	4. Columns and Struts 4.1 Columns and Struts, Definition, Short and Long columns, End conditions, Equivalent length / Effective length, Slenderness ratio
	1 <sup>st</sup>	4. Columns and Struts 4.1 Axially loaded short and long column, Euler's theory of long columns

7 <sup>th</sup>	2 <sup>nd</sup>	4. Columns and Struts 4.1 Critical load for Columns with different end conditions
	3 <sup>rd</sup>	4. Columns and Struts 4.1 Critical load for Columns with different end conditions
	4 <sup>th</sup>	5. Shear Force and Bending Moment 5.1 Types of loads and beams Loads: Concentrated (or) Point load, Uniformly Distributed load (UDL), Types of Supports: Simple support, Roller support, Hinged support, Fixed support Types of
	5 <sup>th</sup>	5. Shear Force and Bending Moment 5.1 Types of loads and beams Reactions: Vertical reaction, Horizontal reaction, Moment reaction Types of
8 <sup>th</sup>	1 <sup>st</sup>	5. Shear Force and Bending Moment 5.1 Types of loads and beams Beams based on support conditions: Calculation of support reactions using equations of static equilibrium Types of
	2 <sup>nd</sup>	5. Shear Force and Bending Moment 5.1 Types of loads and beams Beams based on support conditions: Calculation of support reactions using equations of static equilibrium Types of
	3 <sup>rd</sup>	5. Shear Force and Bending Moment 5.2 Shear force and bending moment in beams Shear Force and Bending Moment: Signs Convention for S.F. and B.M
	4 <sup>th</sup>	5. Shear Force and Bending Moment 5.2 Shear force and bending moment in beams S.F and B.M of general cases of determinate beams with concentrated loads and udl only
	5 <sup>th</sup>	5. Shear Force and Bending Moment 5.2 Shear force and bending moment in beams S.F and B.M diagrams for Cantilevers beams
9 <sup>th</sup>	1 <sup>st</sup>	5. Shear Force and Bending Moment 5.2 Shear force and bending moment in beams S.F and B.M diagrams for Simply supported beams and Over hanging beams
	2 <sup>nd</sup>	5. Shear Force and Bending Moment 5.2 Shear force and bending moment in beams S.F and B.M diagrams for Simply supported beams and Over hanging beams
	3 <sup>rd</sup>	5. Shear Force and Bending Moment 5.2 Shear force and bending moment in beams Position of maximum BM, Point of contra flexure

	<b>4<sup>th</sup></b>	5. Shear Force and Bending Moment 5.2 Shear force and bending moment in beams Relation between intensity of load, S.F and B.M.
	<b>5<sup>th</sup></b>	5. Shear Force and Bending Moment 5.2 Shear force and bending moment in beams Relation between intensity of load, S.F and B.M.
<b>10<sup>th</sup></b>	<b>1<sup>st</sup></b>	6. Slope and Deflection 6.1 Introduction nature of elastic curve (deflection curve) Shape and
	<b>2<sup>nd</sup></b>	6. Slope and Deflection 6.1 Introduction nature of elastic curve (deflection curve) Shape and
	<b>3<sup>rd</sup></b>	6. Slope and Deflection 6.1 Introduction between slope, deflection and curvature (No derivation) Relationship
	<b>4<sup>th</sup></b>	6. Slope and Deflection 6.1 Introduction of slope and deflection Importance
	<b>5<sup>th</sup></b>	6. Slope and Deflection 6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
<b>11<sup>th</sup></b>	<b>1<sup>st</sup></b>	6. Slope and Deflection 6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
	<b>2<sup>nd</sup></b>	6. Slope and Deflection 6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
	<b>3<sup>rd</sup></b>	6. Slope and Deflection 6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
	<b>4<sup>th</sup></b>	6. Slope and Deflection 6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
	<b>5<sup>th</sup></b>	6. Slope and Deflection 6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).

<b>12<sup>th</sup></b>	<b>1<sup>st</sup></b>	7. Indeterminate Beams Indeterminacy in beams, Principle of consistent deformation/compatibility
	<b>2<sup>nd</sup></b>	7. Indeterminate Beams Indeterminacy in beams, Principle of consistent deformation/compatibility
	<b>3<sup>rd</sup></b>	7. Indeterminate Beams Analysis of propped cantilever
	<b>4<sup>th</sup></b>	7. Indeterminate Beams Analysis of propped cantilever
	<b>5<sup>th</sup></b>	7. Indeterminate Beams fixed and two span continuous beams by principle of superposition
<b>13<sup>th</sup></b>	<b>1<sup>st</sup></b>	7. Indeterminate Beams fixed and two span continuous beams by principle of superposition
	<b>2<sup>nd</sup></b>	7. Indeterminate Beams SF and BM diagrams (point load and udl covering full span)
	<b>3<sup>rd</sup></b>	7. Indeterminate Beams SF and BM diagrams (point load and udl covering full span)
	<b>4<sup>th</sup></b>	7. Indeterminate Beams SF and BM diagrams (point load and udl covering full span)
	<b>5<sup>th</sup></b>	7. Indeterminate Beams SF and BM diagrams (point load and udl covering full span)
<b>14<sup>th</sup></b>	<b>1<sup>st</sup></b>	8. Trusses 8.1 Introduction types of trusses, statically determinate and indeterminate trusses
	<b>2<sup>nd</sup></b>	8. Trusses 8.1 Introduction indeterminacy, stable and unstable trusses
	<b>3<sup>rd</sup></b>	8. Trusses 8.1 Introduction indeterminacy, stable and unstable trusses
	<b>4<sup>th</sup></b>	8. Trusses 8.1 Introduction of trusses
	<b>5<sup>th</sup></b>	8. Trusses 8.2 Analysis of trusses method ( Method of joints, method of Section)

15 <sup>th</sup>	1 <sup>st</sup>	8. Trusses 8.2 Analysis of trusses method ( Method of joints, method of Section)	Analytical
	2 <sup>nd</sup>	8. Trusses 8.2 Analysis of trusses method ( Method of joints, method of Section)	Analytical
	3 <sup>rd</sup>	8. Trusses 8.2 Analysis of trusses method ( Method of joints, method of Section)	Analytical
	4 <sup>th</sup>	8. Trusses 8.2 Analysis of trusses method ( Method of joints, method of Section)	Analytical
	5 <sup>th</sup>	8. Trusses 8.2 Analysis of trusses method ( Method of joints, method of Section)	Analytical